



## Sacred Heart Church

March 17, 2020

Dear Parishioners,

“When I am afraid, I put my trust in you.” Psalm 56: 3

We are certainly living in a time of rapid change, fear, and anxiety brought upon this world by COVID-19 (Coronavirus) pandemic. With this said, many of you have already heard either through the news, social media, or the “coconut wireless,” that beginning today through March 31, 2020 Bishop Silva has issued an urgent memo of **canceling ALL MASSES and Parish Events** throughout the Diocese of Honolulu. While this decision was a difficult one to make, the Bishop with his advisors feel it is the best in order to stop the spread of this potentially deadly virus. They will meet again in the next week or so to reassess the situation. I will keep you posted on what comes from this meeting. The faithful are also dispensed from the Sunday obligation to attend Mass during this time.

Since all Masses with the assembly are cancelled, I would like to reassure you that the Mass will still be celebrated by me daily, **IN PRIVATE**. I will be offering these Masses for our parish and your intentions. Therefore I ask that all of us take part in praying fervently for an end to this epidemic and a medical breakthrough to assist those affected by this virus. I also ask that we pray for God’s protection upon our parish community too! You may find ways that you and your family can pray at the end of this letter.

Please read through this letter with regards to some minor **TEMPORARY** changes that will be taking place at Sacred Heart Parish. Our Parish office remains open from Monday through Friday 8:00 a.m. to 4:00 p.m. I am ever grateful to our staff for their selfless sense of service to our community. Should you have any questions, please reach out to us.

“...do not be afraid, little flock, for your father has chosen gladly to give you the kingdom.” Luke 12:32 In order to keep with the spiritual needs of our community I have ordered that the **Church remain open daily from 9:00 a.m. to 3:00 p.m.** for people to come and pray individually. Please use this time to seek peace, solace, and healing in the Sacred Heart of Jesus.

1701 Wilder Avenue, Honolulu, HI 96822-4999  
phone: (808) 973-2211

We ask that if you do come to pray that you practice healthy “social distancing.” Please use street parking on Wilder Avenue or any open stalls behind Bachelot Hall.

**Officially Cancelled:**

- ALL MASSES effective March 17 through March 31, 2020, inclusive
- Public Rosary scheduled for Saturday March 21, 2020
- Parish Lenten Mission scheduled for March 31, 2020
- Parish Lenten Reconciliation Service scheduled for April 1, 2020
- Religious Education (CCD) Classes
- RCIA Classes
- ALL OTHER PARISH MEETINGS (Parish Council, Legion of Mary, Faith Formation Groups, etc.)

**Still Scheduled:**

- Confessions – Saturday from 4:00 p.m. to 4:30 p.m. ***PLEASE NOTE CONFESSIONS WILL BE HEARD IN THE RECTORY COURTYARD FOR SAFETY AND HEALTH REASONS.)*** OR BY APPOINTMENT.
- Anointing of the Sick - if you or a relative is sick please call 973-2211 and press 1. If you are in a hospital, please have a nurse call the 24 hour on-call Catholic Priest.

**Virtual Event Opportunities:**

Bishop Larry Silva in his March 16, 2020 memo said, ***“While nothing can replace the celebration of the Eucharist, in which we can physically encounter the risen Lord Jesus as he offers us his Body and Blood for nourishment, all are encouraged to keep the Lord’s Day holy by spending time in prayer and reflection.”*** Therefore I encourage you and your family to take advantage of the following opportunities to pray and reflect “virtually.”

- Daily and Sunday readings provided through [usccb.org/bible/readings](https://usccb.org/bible/readings)
- Daily Reflections and Mass with Bishop Robert Barron at <https://www.wordonfire.org/daily-mass/>
- Daily and Sunday Mass on EWTN (Channel 30 for cable customers; Channel 261 for Dish customers).
- Sunday Mass with Bishop Larry Silva at 9:00 a.m. live-streamed and celebrated without the people via <http://www.facebook.com/HonoluluCathedralBasilica> or [www.hictv.com](http://www.hictv.com)
- Sunday Mass with Fr. EJ live-streamed and celebrated without the people at <http://facebook.com/sacredheart> or follow us on Instagram @sacredheartpunahou

During this time of crisis, let us continue to pray for one another and our community. For many of us, this lent will be a challenging one because we are being asked to “fast” from the one

thing that we hold so close and dear to our hearts; the Eucharist. May this dark time we are in make us more appreciative of the great gift of Christ's ongoing presence with us.

Sacred Heart of Jesus, have Mercy on us! Our Lady of Peace, pray for us! Saint Damien and Saint Marianne, pray for us!

Me Ke Aloha Pumehana,

A handwritten signature in black ink, appearing to read "EJ Resinto". The signature is fluid and cursive, with a long horizontal stroke at the end.

Father EJ Ikaika Resinto, Pastor  
Attachments

**What Can I do in this time of Crisis?**

- Be informed! By following updates from the CDC, WHO, and Hawaii Health Officials.
- Visit our parish website [www.sacredheartnl.org](http://www.sacredheartnl.org) or follow us on social media <http://facebook.com/sacredheart> or on Instagram @sacredheartpunahou
- Consider making your Sunday contribution online at [https://www.eservicepayments.com/cgi-bin/Vanco\\_ver3.vps?appver3=oo37DPDB\\_IkRvUYRT4XYFR9HODrOVn\\_HRoRVzflf6wIC8Jr39BzhtDTFkxI3DZSB4EHH0aTkCiKhblx3SeIBr-3avdPht8ScFTxSmF\\_f6MOvGbOc-vDNLS1Nnkvkzjk](https://www.eservicepayments.com/cgi-bin/Vanco_ver3.vps?appver3=oo37DPDB_IkRvUYRT4XYFR9HODrOVn_HRoRVzflf6wIC8Jr39BzhtDTFkxI3DZSB4EHH0aTkCiKhblx3SeIBr-3avdPht8ScFTxSmF_f6MOvGbOc-vDNLS1Nnkvkzjk) or you may mail in your donation. Your support for the Church at this time is greatly appreciated!!!
- Maintain "Social Distancing."
- Practice good hygiene.
- Call in and check on elderly parishioners/neighbors/friends.
- MOST IMPORTANTLY-----PRAY!!!!

## Prayers in times of Crisis

### Diocesan Prayer for COVID-19 Pandemic:

Dear God of all the living, you sent your Son Jesus to heal us from illness and sin. We turn to his healing power in this time of anxiety over the pandemic of this potentially deadly virus. St. Damien and St. Marianne Cope dedicated their lives to service of those who had an infectious disease. St. Marianne Cope said, "I am not afraid of any disease," because she was confident of your power to save. At the same time, she took prudent precautions of hygiene to assure that she and her Sisters would not be infected.

Let us learn from this example to put our trust in you to save us from the ravages of disease and to take prudent measures to prevent its spread. Guide us to know when to isolate ourselves from the possibility of infection, but never let anyone be left without the care and concern of others in the community.

As our Diocese of Honolulu has been dedicated to the Divine Mercy, we pray with confidence, "Jesus, I trust in you."

### Act of Spiritual Communion: (recommended daily, but most especially on Sundays)

My Jesus, I believe that You are present in the Most Holy Sacrament.

I love You above all things, and I desire to receive You into my soul.

Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You.

Amen.

### The Angelus: (prayed daily at 6:00 a.m., 12:00 noon, 6:00 p.m.)

The Angel of the Lord declared to Mary: And she conceived of the Holy Spirit.

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death.

Amen.

Behold the handmaid of the Lord: Be it done unto me according to Thy word.

Hail Mary...

And the Word was made Flesh: And dwelt among us.

Hail Mary...

Pray for us, O Holy Mother of God, that we may be made worthy of the promises of Christ.

Let us pray: Pour forth, we beseech Thee, O Lord, Thy grace into our hearts; that we, to whom the incarnation of Christ, Thy Son, was made known by the message of an angel, may by His Passion and Cross be brought to the glory of His Resurrection, through the same Christ Our Lord.

Amen.

**Prayer to St. Michael the Archangel:** St. Michael the Archangel, defend us in battle. Be our defense against the wickedness and snares of the Devil. May God rebuke him, we humbly pray, and do thou, O Prince of the heavenly hosts, by the power of God, thrust into hell Satan, and all the evil spirits, who prowl about the world seeking the ruin of souls. Amen.